

A.V.3

Ethics

Sub Topics

Integrity

Self confidence

Attention to detail

Taking Accountability

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integrity

Definition of Integrity



Latin, “Integras” – whole

Integrity: Steadfast adherence to a strict moral or ethical code. A strongly held sense of commitment to openness, honesty, inclusiveness and high standards

Integrity is the practice of being honest, being respectful, adhering to our values, and consistently making positive decisions - even when no one else is looking. Whereas honesty refers to the act of being truthful, integrity is the act of adherence to principles.

What is Integrity?

Firm adherence to a code of especially moral or artistic values

INCORRUPTIBILITY

An unimpaired condition

SOUNDNESS

The quality or state of being complete or undivided

COMPLETENESS

Integrity..,



Sticking to your personal code of conduct

Being open & honest

Having nothing to hide

Stick to what you decide

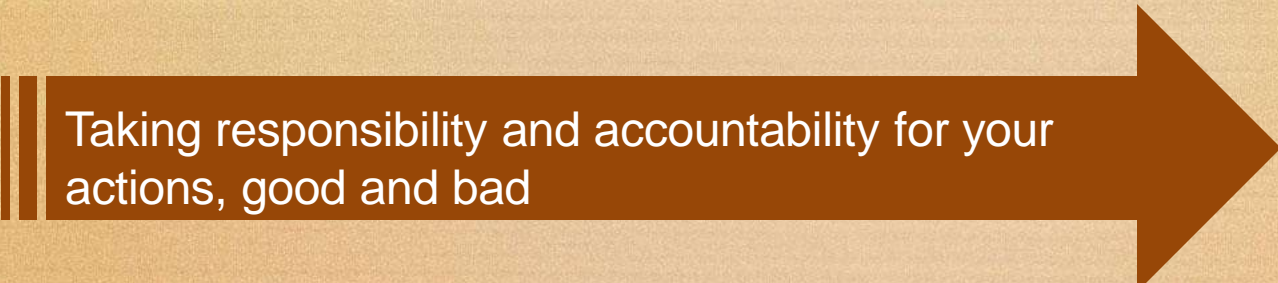
Showing Integrity



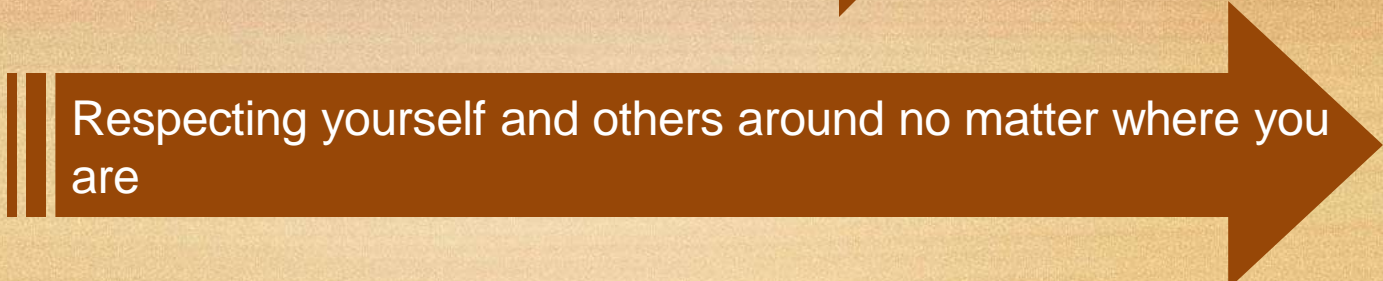
Learn the honor code & adhere to it



Valuing honesty and openness



Taking responsibility and accountability for your actions, good and bad



Respecting yourself and others around no matter where you are

Character

- Character refers to “the pattern of intentions, inclinations, and virtues” that provide the ethical or moral foundation of behavior
- Integrity is a fundamental component of character and involves the ability to engage in ethically correct behavior, regardless of external pressures.
- Character is one’s moral and ethical code and integrity means that one lives according to that code

Character



Character is imposed by

1

• Integrity

2

• Honesty

3

• Moral Strength

1

• Know

2

• Say

3

• Do

Integrity is congruence between what you

Character Development

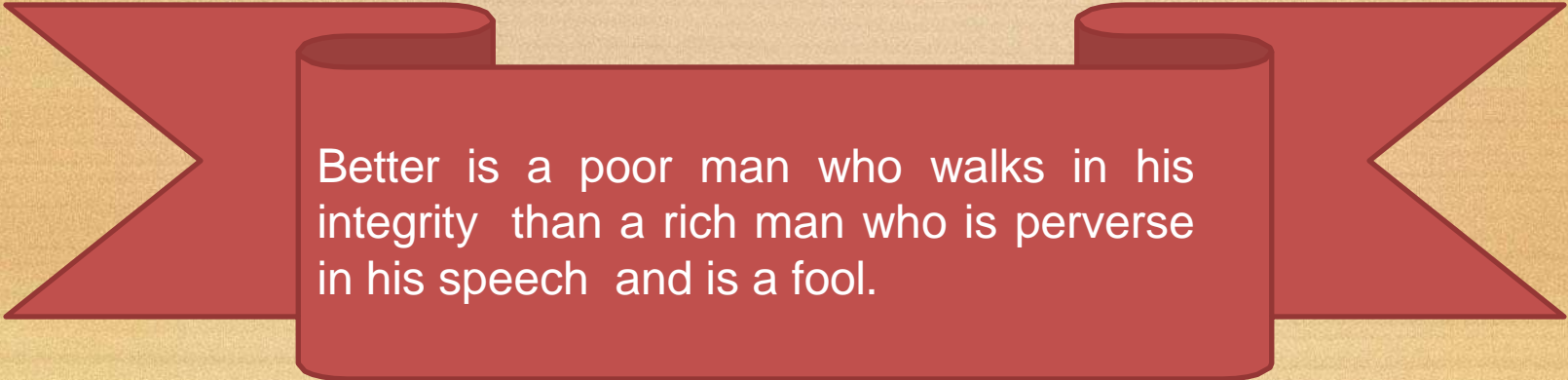
- Integrity can be developed
- Make and keep promises to self and others
- Character development happens in stages
- It is a lifelong process and is induced by behavior, people and situation

Values

- Values are personal beliefs and preferences that influence one's behavior
- Having integrity means living in accordance with deepest values, being honest with everyone, and always keep your word
- Deep-seated in personality
- Exist at different levels of awareness
- Awareness of values enhances integrity

Courage

- Personal integrity takes courage.
- Through living with personal integrity others notice that we can be trusted.

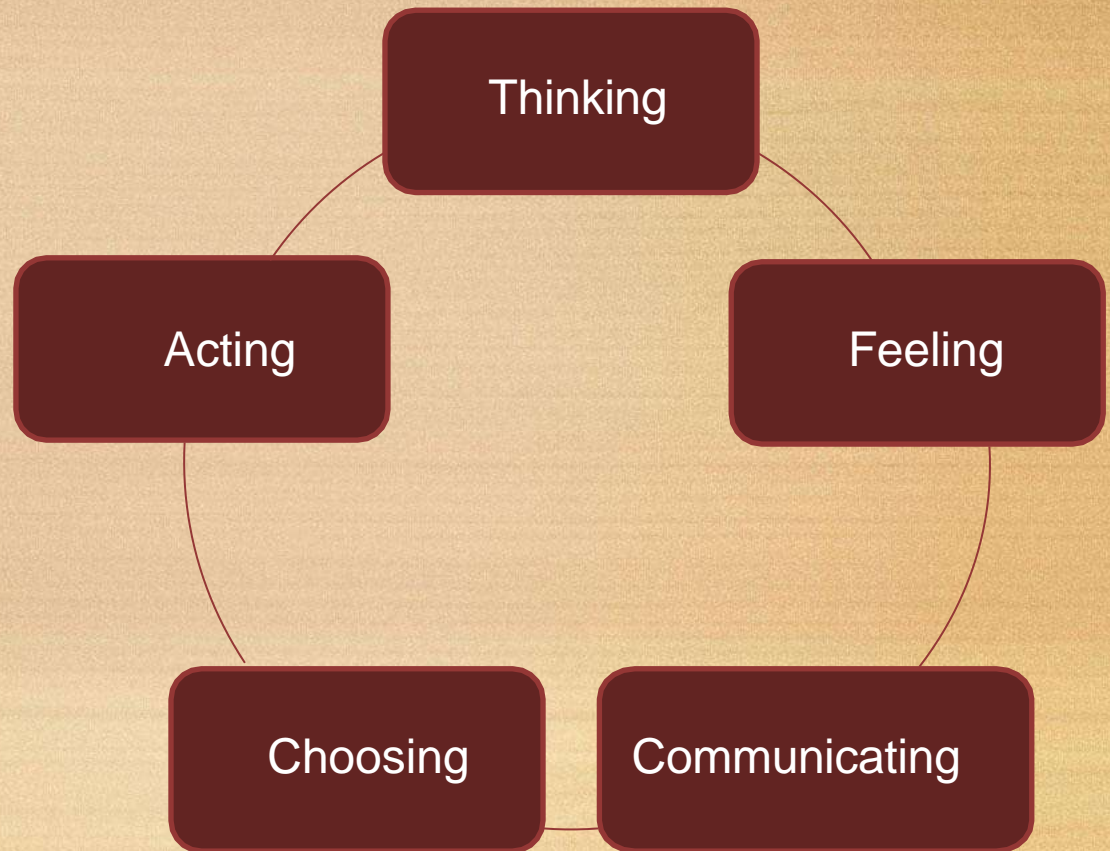


Better is a poor man who walks in his integrity than a rich man who is perverse in his speech and is a fool.

Five Part Valuing Process

Five Part valuing process helps in developing values

- Thinking - critical thinking distinguishing facts from opinion
- Feeling - listening to "gut level"
- Communicating - listening closely, interacting with others
- Choosing - being well informed
- Acting - repeatedly and consistently



Moral Values & Ethical Choices

- Morality and ethics refer to what is right or wrong, good or bad.
- Morals are drawn from customs and practices of a group or society whereas Ethics are specific code of conduct defined for the task in a particular job or assignment.
- Ethics are principles that define behavior as
 - right
 - good
 - Proper
- Provides means of evaluating and deciding among options
- Rules that direct your conduct and moral judgments

Importance of Integrity

- Honesty and integrity are important traits in any profession
- Integrity is a very important virtue to have in life because it helps you to be a good person
- When you have integrity, you are more likely to make good decisions, treat others with respect, and be successful in life

Conclusion

- Integrity of governance means paying attention to the moral values and norms of policy making and policy implementation
- We live in an age where “the end justifies the means”
- Living with integrity becomes a way of life
- 3 important qualities that will qualify you as a professional – Integrity, Intelligence & Energy
- If you don't have the first one, the other two will drown you!!!
Infuse integrity & develop moral responsibility!!!



Developing Self-Confidence

Intended Outcome

***Finding ways to improve
Self-Confidence***

because

***Success is determined by
confidence and fortitude.***

What is Self-Confidence?

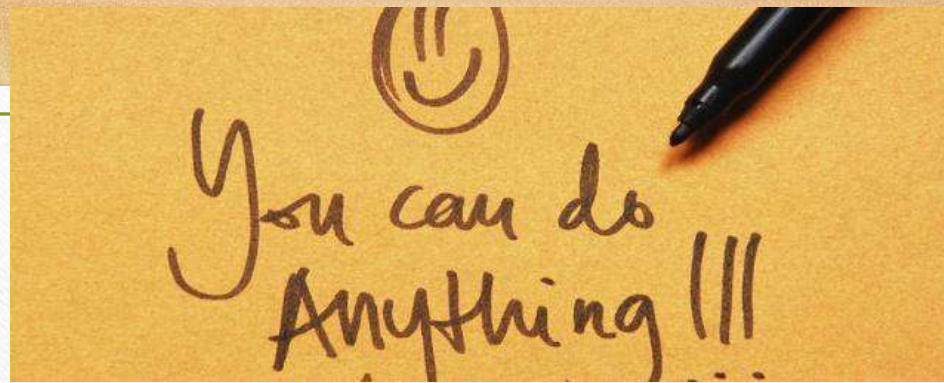


A feeling of *trust* in your own abilities, qualities and judgements



Confidence is a journey, not a destination.”





Why building self-confidence is important

More Resilience

Confidence gives you the skills and coping methods to handle setbacks and failure. Self-confidence doesn't mean you won't sometimes fail. But you'll know you can handle challenges and not be crippled by them.

Greater Motivation

As your confidence grows, you'll find yourself more driven to stretch your abilities. "What-if" thoughts will still arise but instead, you'll be able to grin and act anyway, feeling energized by your progress in pursuing goals that mean something to you.



Less Fear and Anxiety

The more confident you become, the more you'll be able to calm the voice inside you that says, "I can't do it."

Confidence and Behaviour



Confident behaviour	Behaviour associated with low confidence
Doing what you believe to be right, even if others mock or criticize you for it.	Governing your behaviour based on what other people will think.
Being willing to take risks and to go the extra mile to achieve better things.	Staying in your comfort zone, fearing failure, and avoiding risk.
Admitting your mistakes, and learning from them.	Working hard to cover up mistakes, and hoping that you can fix the problem before anyone notices.
Accepting compliments. "Thank you, I really appreciate that".	Dismissing compliments. "oh it wasn't much, I could of done better".



How to be more confident



- **MAKE LISTS OF YOUR ACHIEVEMENTS, AND things in your life that you are proud of.**
- **Acknowledge your personal strengths and talents, and remind yourself of them often.**
- **Set realistic goals for yourself.**
- **Practice positive self-talk.**
- **Make time for your hobbies, and try out some new things to find out what you are passionate about.**
- **Talk to a counsellor or mental health professional to learn self-management strategies that can help build confidence and self-esteem.**



Attention to Detail

Property of Attention

Like Quicksilver

Hard to Catch



Anywhere but here.
At any time but now.

Where is my attention now??

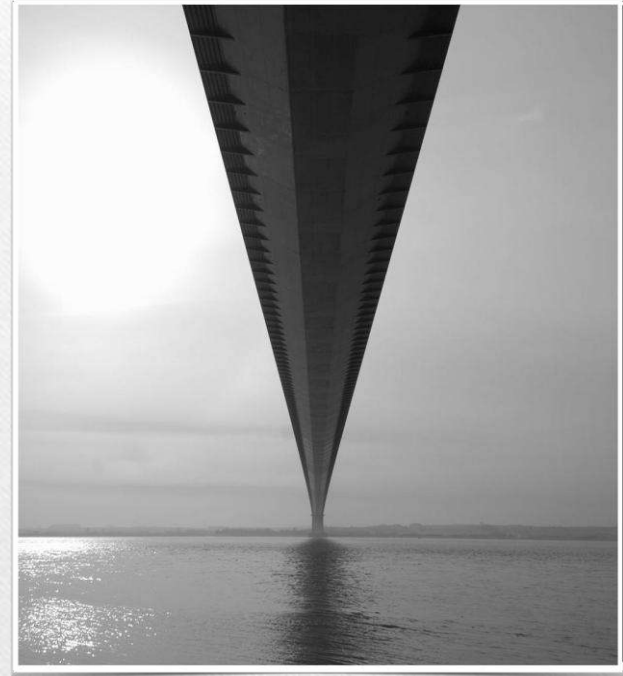


Importance of Attention

Through attention everything is known.

It is indispensable in all types of work.

योगः कर्मसु कौशलम्



Attention Helps

- ❖ To obtain comprehensive information and knowledge in area.
- ❖ To consult others.
- ❖ In self accountability.
- ❖ Double checking own work.
- ❖ In devoting sufficient time to tasks.
- ❖ In seeing others' work.
- ❖ Dig deeper and questioning.
- ❖ In monitoring compliance and regulatory requirements.
- ❖ In improving quality of Work.
- ❖ Identify loopholes.

What is required?

It is required to develop attention.

To put attention at something or someone.

To pull back attention from something which has taken our attention. Rather difficult.

How to develop attention

- Recognise the problem-Recognise that I don't have attention.
- Exercises to develop attention.
- Concentrating at a point or thing- Dharna of Patanjali Yoga Sutras
- Befriend the body and bring attention to it.





The body lives in the present, doing only one thing at a time. It is a faithful companion in the search for presence when it is given more attention and respect, when one tries to listen to its messages, even though they are expressed in a language foreign to the mind.

Source: Patty de Llosa ,<https://parabola.org/author/pllosa/>

ACCOUNTABILITY

ACCOUNTABILITY

- What is accountability?
-

Accountability is an assurance that an individual or organization is evaluated on its performance or behavior related to something for which it is responsible

The term is related to responsibility but is regarded more from the perspective of oversight

ACCOUNTABILITY IN GOVERNANCE

Holders of public office are accountable for their decisions and actions to the public and must submit themselves to whatever scrutiny is appropriate to their office

It helps achievement of ethical standard in the governance system.

STAKE HOLDERS

- Bodies Enabling Checks and Balances
- Citizens as Electorate
- Citizens as Taxpayers

ROLE OF ACCOUNTABILITY

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- Democratic Governance
 - Answerability
 - Remedial Measures
 - Public Confidence

ACCOUNTABILITY **ONGOING PROCESS**

- Vision of Government
- Empowering Stakeholders
- Making Accountability an Obligation
- Necessitating Transparency

CHECKS AND BALANCES

-
- Right to Information Act
 - The Citizen's Charter
 - Institutional Mechanisms

WAY FORWARD

- Resilient Accountability
- Ensuring Public Trust
- Minimum Element of Discretion

CONCLUSION